

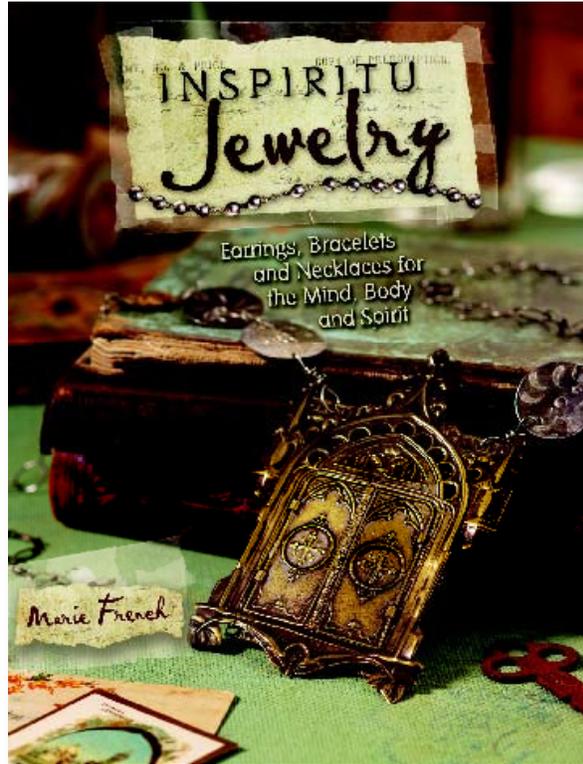
Guidance Necklace

At times when we question ourselves or our actions, a little guidance can help a lot. In this project, Marie French shares with you her techniques for creating the Guidance Necklace.

In this project, Marie French, author of *Inspiritu Jewelry*, will teach you how to create your own personal Guidance Necklace. As Marie writes, "Each one is different as guiding principles for all of us are different." By choosing materials that have meaning to you and creating the necklace with intention, you, too, may feel the power of guidance.

To learn more about or purchase *Inspiritu Jewelry* by Marie French [click here](#).

www.CreateMixedMedia.com



Inspiritu Jewelry is published by North Light Books, an imprint of F+W Media, Inc.



GUIDANCE NECKLACE

January 1, 1924

On this great day of new beginnings, I seek guidance from those who came before me. I know my forefathers and foremothers have battled the same questions, turmoil and circumstances in their own times as I do in mine. Human life is but a drama played out on the celestial stage. So, today, in honor of questions yet unanswered, I make up this guidance necklace. Each one is different as guiding principles for all of us are different. Today I make a necklace featuring Mary, as she signifies to me all that is good, beautiful and true, and I'm sure she can help me find my way.

➤ Intention ◀

May the good, the true and the beautiful guide my way.

Materials and why I chose them:

- Holy card—as a focus
- White feather—thoughts and visions
- Pearls—purity and innocence
- Rhinestones—light and radiance
- Bone—death of the old, fertile new ground, alleviates pain



WHAT YOU NEED

- tin top from lip balm or lid from a baby food jar
- doilies or other decorative paper
- pencil
- scissors
- epoxy glue (E-6000)
- holy card or imagery of your choice
- white feather
- mica
- toothpick
- white glue
- strand of pearls
- beading wire
- wire cutters
- sterling silver crimp beads, 4
- old rhinestone clasp
- crimping pliers
- strand of bone beads: 10mm, about 16" (41cm)
- coffee grounds
- 24-gauge sterling silver wire
- chain-nose pliers
- round-nose pliers



1

Using a pencil, trace the tin lid onto the doily.



2

Cut out the circle and glue it into the lid with epoxy. Allow the glue to dry.



3

Cut out the figure from the holy card, and glue the figure into the lid on top of the doily. Let the glue dry.



4 Glue a white feather to the inside of the lid. If you can't find one on a nature walk, it's okay to use one from a down pillow that has been slept on and produced many good dreams.



5 Place a piece of mica on your work surface. Place the lid on top and trace the lid shape with a pencil.



6 Cut out the mica. Using a toothpick, place two small dots of glue on the paper, one on top and one on the bottom.



7 Push the mica into these dots. Let the glue dry, weighing the mica down with marbles, if necessary.



8 Wrap the strand of pearls around the lid and trim to size.

NAME, NO. & PRICE. COPY OF PRESCRIPTION.

Cardos Mrs. E. W. ...

➔ NEW BEGINNINGS MEAL

My southern compatriots cook up this delicious meal to ring in the New Year. It is said to bring good luck throughout the year.

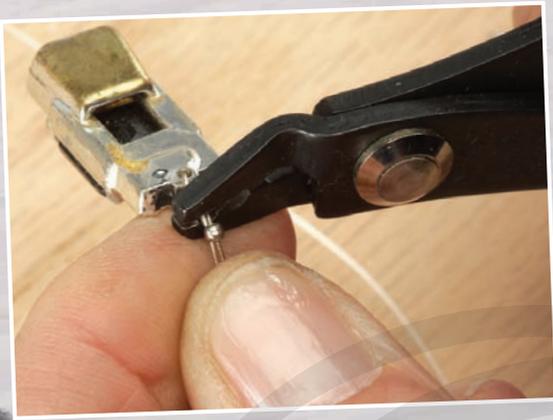
Black-Eyed Peas and Collard Greens

Add collard greens, black-eyed peas and ham hock to a pot and boil until the peas pop, signifying good luck and prosperity.

The collard greens signify the color of money, bringing wealth and good fortune. So heap some on a plate and enjoy! May your year be filled with prosperity and good fortune!

DATE: 1/1/20

(From Inspiritu Jewelry by Marie French, 2011; Courtesy of createmixedmedia.com)



9

Place a bead of epoxy glue around the outside of the lid and attach the trimmed pearl strand. Let the epoxy cure overnight. Cut a length of bead-stringing wire to about 18" (46cm). Thread two crimp beads onto one end, run it through one half of the clasp and then back through the crimp. Use crimping pliers to secure the crimp.



10

Darken the bone beads by leaving them in damp coffee grounds overnight. This will give them a lovely patina. Rinse, and let dry. String the bone beads onto the bead stringing wire until you have about 4" (10cm) of wire remaining.



11

Thread the last two crimp beads onto the wire. Run the wire through the other side of the clasp, then thread the wire back through the crimp beads. Crimp the crimp beads, using the crimping pliers, to secure the strand of beads.



12

To attach the pendant, thread a 5" (13cm) length of 24-gauge sterling silver wire between two pearls centered at the top of the pendant. Overlap a 1" (3cm) tail of the wire with the remaining length of wire and as you secure the wires just below the cross section, using chain-nose pliers, wrap the tail around the wires a couple of times. Trim the excess tail wire. Create a loop just above the wrap, using round-nose pliers. Thread the loop over the wire at the center of the bone strand. Holding the loop with chain-nose pliers, wrap the rest of the wire around the base of the loop and crimp the wire to complete, using the chain-nose pliers and a crimp bead. Wear the necklace to bring you guidance when you need it.